

Senior Services



Department Description

Services specifically designed for Health and Wellness the Senior Citizens of Calexico. This includes: Senior aerobics, arts and crafts, scrapbooking, crocheting, nutrition, bingo and site visits to Senior Citizen's complexes 4 days a week. The Department will continue to build and expand the services that are designed to help Seniors live a HEALTHY AND ACTIVE LIFESTYLE!

Accomplishments for FY 2008-09 include:

- ❖ Got the Seniors involved and out of the house with special events such as: "Una Mañana al Aire Libre" and "Cinco de Mayo Celebration." They were both held outdoors on beautiful Spring mornings and the Seniors performed Ballet Folklorico dances for people in attendance.
- ❖ Offered services at the Senior Citizens housing complexes to eliminate transportation and mobility barriers, they included arts and crafts and aerobics. These services were offered 4 days a week at the following sites: Alejandro Rivera, Calexico Apartments, Villa de las Flores, Luis Moreno and Casa de Retiro (only visit this site once per week)
- ❖ Held 5th Annual Senior Citizens Health Fair with over 26 providers and over 250 participants.
- ❖ Helped Seniors learn about community services through outreach efforts and helped them gain knowledge to improve their health and fitness.


Special Events planned for FY 2009-10 include:

- Grandparents Day luncheon
- Senior Health Fair
- Thanksgiving luncheon
- Rosca de Reyes celebration
- Valentine's Dance
- Father's Day Dance

Budget Dollar at Work

Senior Services now has a separate modest budget. The program has been growing and prospering as a unit within the Community Services Department. Outreach and coordination has allowed us to offer Seniors a variety of options, such as visiting the library and providing educational workshops on health and nutrition.

**CITY OF CALEXICO
ORGANIZATIONAL CHART
COMMUNITY SERVICES
SENIOR SERVICES
FISCAL YEAR 2009-10**



Senior Services

(No Position Allocations)

CITY OF CALEXICO
ADOPTED BUDGET
FISCAL YEAR 2009-10

	FY 2007-08 Working Budget	FY 2007-08 Actual 6/30/2008	FY 2008-09 Working Budget	FY 2008-09 Actual 6/30/2009	FY 2009-10 Recommended Budget	FY 2009-10 Adopted (Wkg) Budget
4150 - SENIOR SERVICES						
REVENUES:						

256 45001 INVEST EARNINGS	0	0	735	0	0	0
TOTAL REVENUE ----->	0	0	735	0	0	0
EXPENSES:						

101 52225 MATRLS & SUPLYS	0	0	14,256	2,771	10,200	10,200
SUBTOTAL FOR FUND 101 --->	0	0	14,256	2,771	10,200	10,200
256 52131 OFFICE EXPENSE	0	0	2,045	1,995	0	0
256 52225 MATRLS & SUPLYS	0	0	9,463	8,515	0	0
256 52226 HOUSING PRGRMS	0	0	0	0	0	0
256 52227 RECREATION PRGM	0	0	3,000	2,749	0	0
256 54002 TRVL-CONF-MTGS	0	0	800	0	0	0
256 59910 BUDGETARY TRANS	0	0	-15,308	0	0	0
SUBTOTAL FOR FUND 256 --->	0	0	0	13,259	0	0
TOTAL EXPENSE ----->	0	0	14,256	16,030	10,200	10,200
NET COST ----->	0	0	13,521	16,030	10,200	10,200